Trudy Health

A FREE RESOURCE FOR DEPARTING EMPLOYEES

Before you choose COBRA, compare your options.

Trudy Health gives you a free, one-on-one review of COBRA versus marketplace plans. We compare your doctors, prescriptions, health needs and budget, then help you enroll in the coverage that fits.

- **Free review**
  No cost to you or your former employer.
- **Plain-English comparison**
  See total yearly cost and your worst-case year.
- **Help after enrollment**
  Get help with bills, claims and coverage problems.

Learn more
trudy.health

Schedule a free review
Book a free conversation

Free for departing employees and employers.
Savings depend on location, eligibility, available plans and health needs and are not guaranteed.